

May 2023

2085 Westgate Drive, Bethlehem, PA 18017

Office Hours

Monday - Thursday
8:30am - 4:30pm

Friday
8:30am - 1:00pm

Fitness Center

Every Day
6:00am - 9:00pm

Staff Birthdays

Donny H. - May 5
Jessica C. - May 13
Yesenia D. - May 23

WELCOME New Residents

Marian K. - Floor 2
Barbara S. - Floor 2
Joan Z. - Floor 6
Galal S. - Floor 7
Carolyn W. - Floor 11

General Meeting

Tuesday, May 9th
at 2:00pm

~LOUNGE / CHANNEL 98

Office Notes

HAPPY MOTHER'S DAY

To all the Moms, Thank You for your love, patience, gratitude, strength, hugs and kisses!

~ SUNDAY, MAY 14TH ~

Sunday BELIEVERS' worship

With Paul Belfort

Sundays at 1:00pm

Sunday PRAISE

With David Garcia

Sunday, May, 14th @ 11:00am

~ Community Room ~

ATTENTION PLEASE



WE ARE TENTATIVELY CANCELLING THE VAN TRIPS THE **FIRST WEEK OF MAY**. WE ARE HOPING TO RESUME ON **MAY 8TH**. HOWEVER THIS IS ONLY AN ESTIMATE AND COULD CHANGE. PLEASE BE SURE TO MAKE ANY ALTERNATE ARRANGEMENTS IF NECESSARY. **IF YOU NEED HELP ORDERING GROCERIES ONLINE, PLEASE SEE BRENDA.**

PLEASE WATCH THE MESSAGE BOARD FOR UPDATES.

PLEASE NOTIFY BRENDA IF YOU WERE SIGNED UP FOR ANY TRIPS NEXT WEEK!

Thank You

OFFICE CLOSED IN OBSERVANCE OF

MEMORIAL DAY

MONDAY, MAY 29TH

PASTOR MOVIES

Wednesdays at 2:00pm

LIVE STREAMED ON CHANNEL 98

MAY 3RD - 'PAUL THE APOSTLE: BIBLE STORIES COLLECTION'

MAY 10TH - 'SONSHINE MINISTRY'

MAY 17TH - 'TERMS OF ENDEARMENT'

MAY 24TH - 'THE CHOSEN (SEASON 3 DVD): EPISODE 1- HOMECOMING'

MAY 31ST - 'SAVING PRIVATE RYAN'

LM IN-HOUSE MOVIE

~ Monday, May 8 @ 1:00pm ~

JOIN US IN THE COMMUNITY ROOM FOR AN AT HOME MOVIE THEATER EXPERIENCE. ONCE A MONTH WE WILL DISPLAY A MOVIE ON OUR BIG SCREEN

"TICKET TO PARADISE"

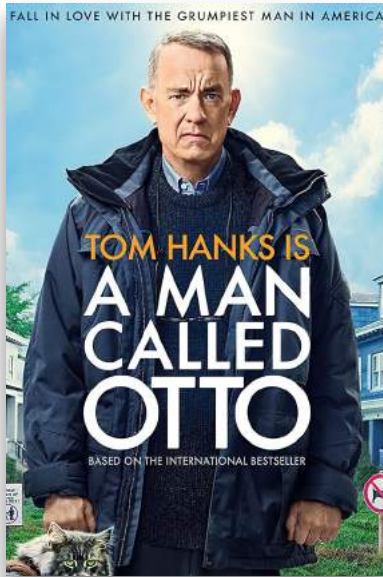


TICKET to PARADISE

POPCORN

Movie Days

A Man Called Otto



When a lively young family moves in next door, grumpy widower, Otto Anderson meets his match in a quick-witted, pregnant woman named Marisol. Leading to an unlikely friendship his world was turned upside down.

MAY 1

Ticket to Paradise



A man and his ex-wife race to Bali, Indonesia, to stop their daughter from marrying a seaweed farmer. As they try to sabotage the wedding, the bickering duo soon find themselves rekindling old feelings.

MAY 8 - COMMUNITY ROOM ONLY

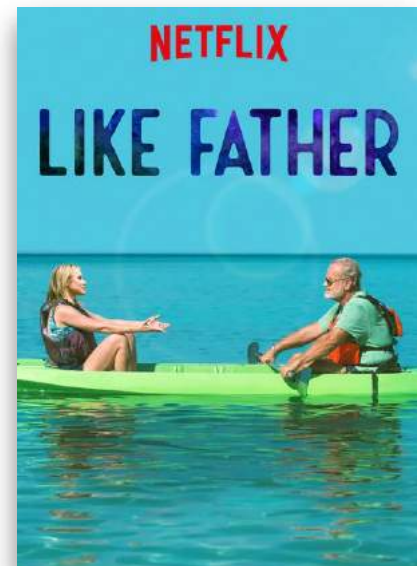
The Ice Road



After a remote diamond mine collapses in the far Northern Region of Canada, an ice driver leads an implausible rescue mission over a frozen ocean to save the lives of trapped miners.

MAY 15

Like Father



Left at the alter, a young executive takes her Caribbean honeymoon cruise with the last person she ever expected, her estranged father. The trip helps them gain appreciation, love, life and trust in family.

MAY 22

~All LM movies live-streamed on channel 98 every Monday at 1:00pm~

Jacinda's Jumpstart to Wellness

Speaker:

MENTAL HEALTH/ DEPRESSION

Join Oak St. Health to learn about this very important topic that affects everyday life.

*Light refreshments served

*Friday, May 19th
at 11:00am*

Community Room/Ch. 98



Attention Walker's Club Attendees!

WE'RE GOING ON A VAN TRIP!

Join Jacinda on a beautiful walk around the Allentown Rose Gardens!

Please sign up on the 'Events Signup Sheet' in the newsletter



Date: Monday, May 22nd at 1:00pm

SPEAKER:

Join specialists from the **Matter of Balance Program**

Learn about the importance of being active, how to reduce falls, increase balance, set goals, and make changes in your life for the better!

This will be a demonstrative and interactive session.



Tuesday, May 23rd at 11:00am

- ~Contact Jacinda with any questions
- ~Sign up on the 'Events Sign-Up Sheet'



Office Hours: Monday-Friday 8:00am-4:00pm
Gym Hours: 6:00am-9:00pm Daily

Jacinda Arzuaga, Fitness Specialist 610-866-6010 x208

Jacinda's Jumpstart to Wellness

WELLNESS TIP:

May is Mental Health Awareness Month

Boosting our mental health is extremely important in staying happy and healthy! Below are some ways to improve your mental health:

1. Make a social connection.
2. Stay active!
3. Talk to someone!
4. Appeal to your senses (sight, sound, touch & smell).
5. Take up a new hobby.
6. Make leisure a priority.
7. Eat a brain healthy diet!
8. Get 7 or more hours of sleep.

NATIONAL PHYSICAL FITNESS AND SPORTS MONTH

During the month of May, Energetic Exercise will consist of senior friendly sports games for your physical activity!

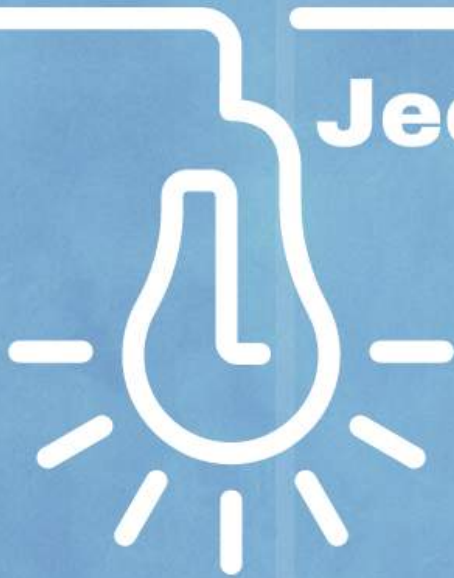
*Mondays and Fridays at 11:00am
with Jacinda*

~ Exercise Room ~



Jeopardy Game Day!

Friday, May 26th at 1:30pm
~ Community Room ~



Back by popular demand! Join your host, Jacinda, in an exciting Jeopardy style trivia game. Win prizes by scoring big!

Please sign up on the 'Events Signup Sheet' in the Newsletter.

Office Hours: Monday-Friday 8:00am-4:00pm
Gym Hours: 6:00am-9:00pm Daily

Jacinda Arzuaga, Fitness Specialist 610-866-6010 x208

From the Chaplain

A TIME TO REMEMBER- MEMORIAL DAY



Memory is a tricky thing, particularly as we get older.

However, there are some things that we should never forget. One of these is the sacrifices that others have made on our behalf.

We remember those who died so we may live in freedom. We remember those who died so we may live in faith. We remember Christ who died so we may live forever. That's the ultimate meaning of Memorial Day weekend. It is a time to remember and it is a time to finish what they started.

They were filming the movie "Yankee Doodle Dandy" on the day after Pearl Harbor. The cast listened and were deeply saddened as President Roosevelt announced on the radio that the United States was at war. At that point, Director, Michael Curtiz, came on the sound stage with Jimmy Cagney and said, *"Now, boys and girls, we have work to do. We have bad news, but we have a wonderful story to tell the world. So let's put away sad things and begin."*

That's our challenge too. We remember with sadness and gratitude the sacrifices others have made on our behalf.

Now we go out to tell our story. -Pastor Clark

Worship in the Community Room

**WORSHIP IS LIVE AT 2 PM ON THE DATES LISTED BELOW
~LIVE-STREAMED ON CH 98~**

Thur, 5/4	Pastor Sam Claudio - Christ Fellowship Church, Allentown-SPANISH/ENGLISH
Thur, 5/11	Pastor Larry Humberd - LV Grace Church, Bethlehem
Thur, 5/18	Pastor Ray Hittinger, President of Lutheran Manor Board - Holy Communion*
TUE, 5/23	Father Venantius Karobo - Notre Dame RC Church, Bethlehem
Thur, 5/25	Pastor Jack Tanis - Calvary Baptist Church, Easton

****Note: Holy Communion Worship**

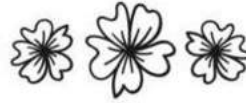
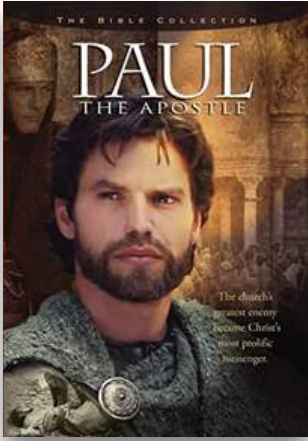
If you are unable to attend worship in person and wish to receive a sealed communion cup, please contact Pastor Clark.

From the Chaplain

~MAY 3RD~

"Paul the Apostle: BIBLE STORIES COLLECTION"

The church's greatest enemy became Christ's most prolific messenger. Beautifully shot in the Moroccan desert, Paul the Apostle is a sweeping saga of the man who brought Gospel to the Western world.



~MAY 10TH~

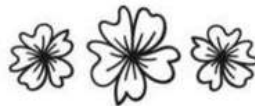
WORSHIP DVD - SONSHINE MINISTRY' CALVARY BAPTIST CHURCH, EASTON



~MAY 17TH~

"Terms of Endearment"

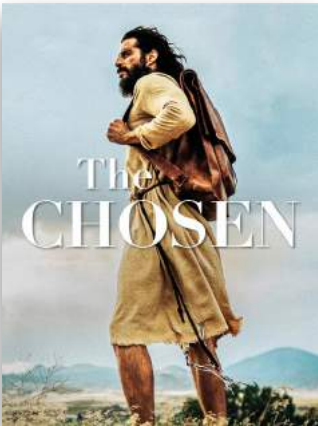
This Oscar winning film is both eccentrically funny and an old-fashioned tearjerker. Terms of Endearment is a deeply observed drama about the intimate relationship between a mother and daughter, based on the novel by Larry McMurtry.



~MAY 24TH~

"The Chosen - Season 3 DVD: Episode 1 - HOMECOMING"

The Chosen is an American historical drama series about the life and ministry of Jesus of Nazareth. The series centers on Jesus and the different people who met and followed him. This episode is about Jesus's Sermon on the Mount. The result? More followers, enemies, and disciples ready to go with Jesus anywhere.



~MAY 31ST~

"Saving Private Ryan"

Winner of 5 Academy Awards, this story begins with World War II's historic D-Day invasion, then moves beyond the beach as soldiers embark on a dangerous special mission. Captain John Miller must take his men behind enemy lines to find Private James Ryan, whose three brothers have been killed in combat. Faced with conflicts the men struggle to triumph over an uncertain future.



PASTOR CLARK'S MOVIES PLAYING EVERY WEDNESDAY AT 2:00PM

Lutheran Manor BINGO

Lutheran Manor BINGO

Wednesday, May 10th at 1:45pm

LOUNGE

*Sign up REQUIRED.

~Sign up on the 'Events sign-Up Sheet'
in the newsletter.

Bellezza Salon and Spa

Reminder!

Gift certificates have no expiration date. Find some laying around your house? Bring them down to the salon and use them for your preferred service.



MASSAGE THERAPY WITH KAREN

WITH OVER 35 YEARS OF STUDY, SKILLS AND EXPERIENCE, KAREN REWRITES THE RULES OF WELLNESS AND MEDICINE WITH INNOVATIVE OPTIONS TO KEEP MIND, BODY AND SOUL IN BALANCE.

Contact Karen to book.
610-360-2427

Bellezza Salon and Spa

Bellezza Salon & Spa

May Specials

April Showers Bring May Flowers!

Manicures: With every Manicure you'll get flower decals added to 2 nails!!

Perm: All ladies will receive a FREE eyebrow wax with any perm this month. The brow wax will help open up your eyes to look and feel younger, who doesn't love that?!

Referrals: ALWAYS ONGOING. Refer a new client to the salon and after they complete their visit, you'll receive \$5.00 OFF your next service!

Retail Items: Buy one get one 50% OFF

May Basket Drawing: Buy one get one 50% OFF



Bellezza Salon & Spa

May Specials - April Showers Bring May Flowers!

WAXING INFORMATION

In addition to removing unwanted hair, waxing takes off the top layer of dead, dry skin to reveal the smoother, more supple skin underneath. The layer of new skin also has a more even tone. Hair grows back softer for shaving. Some people might have a slight discomfort during the process and may get a slight rash or redness but that will disappear by the following day.

HOW OFTEN SHOULD YOU WAX?

It is recommended that you wax the same area every 3-5 weeks to keep a clean, smooth look. When done correctly, waxing will thin out the hair follicle which makes it easier for removal at your next appointment.

WAXING AFTERCARE:

Avoid applying lotions, creams, and makeup on the day of your appointment because it can irritate the skin.

To make an appointment, please call the Salon at (610)- 866- 6010 Ext. 209 or contact your stylist directly. Thank you!

Diane Rizzeto, Lorri Wetherald & Marci LaBar



Contact 610-866-6010 x209 to schedule an appointment

MAY 2023



MAY YOU SEE FLOWERS ALL AROUND YOU!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 1:00 Sunday Believers' with Paul Belfort	1 May Day 11:00 Energetic Exercise 1:00 MOVIE 2:00 Walker's Club 3:00 Meditation 6:00 RA Bingo	2 11:00 Everybody's Yoga with Dana 1:15 CLINIC: BP Checks 3:00 Meditation	3 11:00 Cooking with Lyndi 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 2:00 Walker's Club 3:00 Meditation	4 10:00 Life Bio 11:00 Fi4Life with Dana 12:30 Second Harvest 2:00 Church (Spanish) 3:00 Meditation- Exercise Room	5 Cinco de Mayo 10:00 Meditation 11:00 ENTERTAINMENT: Pianist 11:00 Energetic Exercise 2:00 Stitching with Nena 2:00 Walker's Club	6 8:30 RA COFFEE & DONUTS 12:30 RA Pinochle
8 10:00 GIANT 11:00 Energetic Exercise 1:00 MOVIE -In Person 2:00 DOLLAR TREE 2:00 Walker's Club 3:00 Meditation 6:00 RA Bingo	9 9:45 HAMILTON CROSSINGS/ SMASH BURGER 11:00 Everybody's Yoga with Dana 2:00 GENERAL MEETING 3:00 Meditation	10 11:30 ZUMBA with Anna 12:30 Bible Study 1:45 LM BINGO 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 2:00 Walker's Club 3:00 Meditation	11 10:00 Life Bio 11:00 Fi4Life with Dana 2:00 Church 3:00 Meditation- Exercise Room	12 10:00 Meditation 11:00 BACH OUTDOORS 11:00 Energetic Exercise 12:30 CLINIC: OAA Podiatry 2:00 Stitching with Nena 2:00 Walker's Club	13 5:00 RA Soup & Hot Dogs	
14 Mother's Day Happy Mother's Day 11:00 Sunday Praise with David Garcia 1:00 Sunday Believers' with Paul Belfort	15 10:00 BANKS 11:00 Energetic Exercise 11:30 SPEAKER: Women's Health 1:00 MOVIE 2:00 Walker's Club 3:00 Meditation 6:00 RA Bingo	16 10:00 VALLEY FARM MKT 11:00 ENTERTAINMENT: Guitarist 11:00 Everybody's Yoga with Dana 2:00 Shopping at VALLEY FARM MKT 2:00 Snacks/IceCream Sales 3:00 Meditation	17 11:30 ZUMBA with Anna 12:30 Bible Study 12:30 KLEIN FARMS 2:00 Pastor Movie 2:00 RA Shredding 2:00 Walker's Club 3:00 Meditation	18 9:00 CLINIC: Health Drive Eye 10:00 Life Bio 11:00 Fi4Life with Dana 2:00 Church 3:00 Meditation- Exercise Room	19 10:00 Meditation 11:00 BACH OUTDOORS 11:00 Energetic Exercise 11:00 SPEAKER: Mental Health 2:00 Stitching with Nena 2:00 Walker's Club	20 Armed Forces Day 4:00 RA SOCIAL

Tune into Channel 99 regularly for updates.

MAY 2023



MAY YOU SEE FLOWERS ALL AROUND YOU!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>1:00 Sunday Believers' with Pauli Bellfort</p>	<p>22</p> <p>11:00 Energetic Exercise SPEAKER: Caption Calls 1:00 MOVIE: 1:00 Walkers Club Van Trip 3:00 Meditation 6:00 RA Bingo</p>	<p>23</p> <p>9:00 KETTLE VILLAGE/ HARVEST CAFE 11:00 Everybody's Yoga with Dana 11:00 SPEAKER: Matter of Balance 2:00 Church 3:00 Meditation</p>	<p>24</p> <p>10:00 WALMART 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 2:00 WALMART 2:00 Walkers Club 3:00 Meditation</p>	<p>25</p> <p>10:00 LVAIPEXPO/ GEAKERS 10:00 Lie Bio 11:00 Fi4Life with Dana 2:00 Church 3:00 Meditation- Exercise Room</p>	<p>26</p> <p>10:00 Meditation 11:00 Energetic Exercise 1:30 ENTERTAINMENT:Jeopa Trivia 2:00 Stitching with Nena 2:00 Walkers Club</p>	<p>27</p>
<p>28</p> <p>1:00 Sunday Believers' with Pauli Bellfort</p>	<p>29</p> <p>Memorial Day OFFICE CLOSED 2:00 Walkers Club 6:00 RA Bingo</p>	<p>30</p> <p>11:00 Everybody's Yoga with Dana 3:00 Meditation 4:00 HELLERTOWN HOTEL</p>	<p>31</p> <p>10:00 WEGMANS 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 2:00 WEGMANS 2:00 Walkers Club 3:00 Meditation</p>			

Tune into Channel 99 regularly for updates.

Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
Bible Study	Every Wednesday	12:30pm	Community Room
Chat Room	Every Thursday	10:00am	Community Room
Church	4th Tues. & Every Thurs (1st Thurs-Spanish Service)	2:00pm	Community Room Channel 98
Sunday Believers' with Paul Belfort	Every Sunday	1:00pm	Community Room Channel 98
Sunday Praise with David Garcia	2nd Sunday of Every Month	11:00am	Community Room

Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
Energetic Exercise with Jacinda	Mondays, Fridays	11:00am	Exercise Room (98)
Everybody's Yoga with Dana	Tuesdays	11:00am	Exercise Room (98)
Fit For Life with Dana	Thursdays	11:00am	Exercise Room (98)
Meditation with Jacinda	Monday-Wednesday Thursdays Fridays	3:00pm 3:00pm 10:00am	Community Room (98) Exercise Room (98) Community Room (98)
Walker's Club with Jacinda	Monday, Wednesday, Friday	2:00pm	Outside Lutheran Manor
ZUMBA with Anna	Wednesdays	11:30am	Exercise Room (98)

May Activities

Lutheran Manor MOVIES	Every Monday	1:00pm	Community Rm/Ch98
Pastor Clark MOVIES	Every Wednesday	2:00pm	Community Rm/Ch98
Snacks/Ice Cream Sale	Every Wednesday	2:00pm	Lounge
RA BINGO	Every Monday	6:00pm	Lounge
RA Breakfast	CANCELED	-----	May-August
RA Coffee & Donuts	Every 1st Saturday	8:30am	Lounge
RA Pinochle	Every 1st Saturday	12:30pm	Lounge
RA Shredding	Every Wednesday	2:00pm	Lounge
RA Soup & Hot Dogs	Every 2nd Saturday	5:00pm	Lounge
Stitching with Nena	Every Friday	2:00pm	Game Room
Van Trip Drop Off	Monday, May 1st	9:00am	Brenda's Office
CLINIC: Blood Pressure Checks	Tuesday, May 2nd	1:15pm	Lounge
Cooking with Lyndi	Wednesday, May 3rd	11:00am	Lounge/Ch98
Second Harvest Food Bank	Thursday, May 4th	12:30pm	Brenda's Office
ENTERTAINMENT: Pianist	Friday, May 5th	11:00am	Lounge/Ch98
GENERAL MEETING	Tuesday, May 9th	2:00pm	Lounge/Ch98
LM BINGO	Wednesday, May 10th	1:45pm	Lounge
CLINIC: OAA Podiatry	Friday, May 12th	12:30pm	Resident Apartments
SPEAKER: Women's Health Q&A	Monday, May 15th	11:30am	Community Room/Ch98
ENTERTAINMENT: Guitarist	Tuesday, May 16th	11:00am	Lounge/Ch98
CLINIC: Health Drive Eye	Thursday, May 18th	9:00am	Game Room
SPEAKER: Mental Health/Depression	Friday, May 19th	11:00am	Community Room/Ch98
RA SOCIAL	Saturday, May 20th	4:00pm	Lounge
SPEAKER: Caption Call Phones	Monday, May 22nd	11:00am	Community Room/Ch98
Walker's Club Van Trip	Monday, May 22nd	1:00pm	Rose Gardens
SPEAKER: Matter of Balance	Tuesday, May 23rd	11:00am	Community Room/Ch98
Jeopardy Trivia Game	Friday, May 26th	1:30pm	Community Room
OFFICE CLOSED	Monday, May 29th	All day	Lutheran Manor

Brenda's Bulletin

CLINICS

BLOOD PRESSURE

Tuesday, 5/2 @ 1:15p
~Lounge

OAA PODIATRY

Friday, 5/12 @ 12:30p
~Resident Apt

HEALTHDRIVE EYE

Thursday, 5/18 @ 9:00a
~Game Room

Sign up with Brenda

COOKING WITH LYNDI



WEDNESDAY, MAY 3RD
@ 11:00AM

(Lounge)

**Come enjoy some Strawberry + Cream
French Toast Casserole with a
Triple Berry Smoothie*

MAX OF 20 SLOTS AVAILABLE | SIGN UP WITH BRENDA

Second Harvest FOOD BANK

Must come down to the Lounge
at 12:30pm to collect your food box.



Thursday, May 4th
at 12:30pm

Contact Brenda to see if
you're eligible to receive a box.

**Clinics-sign up directly with Brenda*

**Entertainment & Speakers-sign up on 'Events Sign-Up Sheet'*

Brenda's Bulletin

ENTERTAINMENT:

Jose Torres, Pianist

Come join us to enjoy beautiful
and soulful Christian Hymns

Friday, May 5th at 11:00am

Lounge

SPEAKER:

WOMEN'S HEALTH

LYNDI WIEAND, WEIS DIETITIAN

COME JOIN US FOR A Q&A
ABOUT YOUR CONCERNS ON
WOMEN'S HEALTH

may 15th @ 11:30am

community room/ch.98

ENTERTAINMENT:

Mitchel Hendricks Guitarist

Come join us to relish in music
from the 1960's to now!

Don't miss the spectacular performance!



Tuesday, May 16th
at 11:00am
LOUNGE

SPEAKER:

CAPTION CALL PHONES FOR
THE HEARING IMPAIRED

Learn how to get displays of
written captions of what a
caller is saying to you on a
large, easy-to-read screen.

Learn how to apply:
• Free phone
• Free service

Community Room/
Ch. 98

MONDAY, MAY 22ND
AT 11:00AM

Office Hours: Monday-Friday 9am-3pm
Brenda Pagan-Fontanez, Service Coordinator
610-866-6010 x4

June Van Trips

OUR WONDERFUL DRIVER WILL BE ON VACATION FROM JUNE 20-28.

6/2	Friday	Shopping at WALMART 248	10:00a_____
6/2	Friday	Shopping at WALMART 248	2:00p_____
6/5	Monday	BANKS / Shopping at CVS / RITEAID / WALGREENS	10:00a_____
6/6	Tuesday	Shopping at VALLEY FARM MARKET	10:00a_____
6/6	Tuesday	Shopping at VALLEY FARM MARKET	2:00p_____
6/7	Wednesday	Dinner at PT. PHILLIPS HOTEL	3:30p_____
6/8	Thursday	Lunch & Ice Cream at the CHUCK WAGON DRIVE-IN	3:30p_____
6/9	Friday	National Canal Museum BOAT RIDE (\$14 entry)	11:00a_____
6/12	Monday	Shopping at BOSCOV'S (Senior Hours 10a-11a) & Lunch at DUNDERBAK'S	9:30a_____
6/13	Tuesday	Shopping at GIANT	10:00a_____
6/13	Tuesday	Shopping at GIANT	2:00p_____
6/14	Wednesday	Hibache Lunch at KOMÉ	11:00a_____
6/15	Thursday	BANKS	10:00a_____
6/15	Thursday	Shopping at TARGET	2:00p_____
6/19	Monday	Lehigh Valley ZOO (\$15 Entry) & Lunch at TRIVET DINER	10:00a_____
6/29	Thursday	Shopping at WEIS	10:00a_____
6/29	Thursday	Ice Cream run to THE CUP	1:00p_____
6/30	Wednesday	Shopping at HOBBY LOBBY & Lunch at WESTSIDE GRILL	10:00a_____

Full Name: _____

Phone#: _____ Apt#: _____

**VAN TRIP FORMS WILL BE COLLECTED STARTING AT 9:00 AM ON MONDAY, 5/1.*

Resident's Association



Resident's Association **BREAKFAST**

.....
Canceled May - August.
To Resume in September



Resident's Association **Pinochle**

\$2.00 Per Play.
Light Refreshments Served.

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Saturday, May 6th
at 12:30pm
Lounge



Resident's Association **COFFEE & DONUTS**

Come mingle with your fellow neighbors
while enjoying a cup of joe with some delicious
donuts to start your day! \$1.00 each.

Saturday, May 6th
at 8:30am

LOUNGE



Resident's Association **Soup & Hot Dogs**

Come enjoy some drinks, delicious hot soup (\$3)
and hot dogs (\$1.50) with all the fixings

Saturday, May 13th
at 5:00pm

LOUNGE

Resident's Association

Resident's Association

SOCIAL

Come one, Come all to enjoy the festivities!

Donations Appreciated.

Saturday, May 20th

4:00pm - Doors Open

5:00pm - Food

6:00pm - Entertainment

LOUNGE



Resident's Association

BINGO

Come one, Come all! Enjoy the fun!

Mondays
at 6:00pm
Lounge

Please see NEW 'Events Sign-Up Sheet' on the following page, to sign up for the events above.

Event Sign Up Sheet

PLEASE CHECK OFF OR CIRCLE WHICH SPECIAL EVENT YOU WOULD LIKE TO ATTEND IN THE BLANKS BELOW:

Lutheran Manor Events

5/3	Wednesday	Cooking with Lyndi	11:00a	_____
5/5	Friday	ENTERTAINMENT: Pianist	11:00a	_____
5/8	Monday	In Person Movie: 'Ticket to Paradise'	1:00p	_____
5/10	Wednesday	Lutheran Manor BINGO	1:45p	_____
5/15	Monday	SPEAKER: Women's Health Q&A	11:30a	_____
5/16	Tuesday	ENTERTAINMENT: Guitarist	11:00a	_____
5/19	Friday	SPEAKER: Mental Health/Depression	11:00a	_____
5/22	Monday	SPEAKER: Caption Call Phones	11:00a	_____
5/22	Monday	Walker's Club Van Trip	1:00p	_____
5/23	Tuesday	Matter of Balance Presentation	11:00am	_____
5/26	Friday	Jeopardy Trivia Game	1:30p	_____

Resident's Association Events

5/20	Sunday	Resident's Association SOCIAL	4:00pm	1 person 2 person
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Name(s): _____ Apt.#: _____

Phone Number: _____

Please return to the Main Office by Monday, May 1st!

June Van Trips Notice

LISTED BELOW ARE THE UNIQUE AND NEW TRIPS FOR JUNE WITH SOME BACKGROUND INFORMATION ON WHAT YOU SHOULD EXPECT IF YOU ATTEND.

Pt. Phillips Hotel: A hotel, a tavern, and a general store all in one featuring local cuisine, craft beers, and a friendly atmosphere.
Local or not, you will absolutely love your experience back in time.

Chuck Wagon Drive-In: Good food (burgers, hotdogs, fries), good ice cream, good portions, good prices. *Come experience just how good!*

National Canal Museum & Boat Ride: Come ply the waters of the Lehigh Canal to see the authentically dressed crew interpreting the stories and people who worked & lived the canals. *Meet our mules, Hank & George, who tow the boat leisurely from the museum to Locklender's House and back.*

Dunderbak's: Relish some German/American cuisine, specialty beer, decor and atmosphere that emulates the Oktoberfest held each year in Munich, Germany. Providing amazing food in an old world atmosphere of fun & relaxation. *Let's travel internationally to eat!*

Hibachi Lunch at KOME: Enjoy a front row seat to how your meal is cooking without the worry about cleaning up. *Come, sit back, enjoy and drink on!*

Lehigh Valley ZOO: In the heart of the Trexler Nature Preserve and home to more than 325 animal ambassadors, representing over 125 species, this is one of the BEST outings in the LV. *Don't miss out on these furry friends!*

Trivet Diner: Whether you desire breakfast, lunch, or dinner, it is available 24/7. You'll be sure to make this your spot! *Grub on!*

The Cup: Get out for an ice cream run and come enjoy delicious homemade recipes in a nice, old-fashioned shop.
Come get the best scoop in town!

Westside Grill: From aged steaks, outstanding seafood, specialty salads, appetizers, and desserts, all served on tables with white tablecloths.
Come enjoy NY fine dining without the two hour ride!

